

# **Newsletter**

**November 2023** 

Kia Ora!

Welcome to our November edition of MS Voice. We are in disbelief that it is December tomorrow - where has this year gone?

This month we introduce you to our new banger, invite you to our bladder and bowel health webinar and provide you with up-to-date research and development information, amongst other exciting updates.

# **MS Announcements and Events**

### Meet our banger!

We are, once again, taking part in Bangers to Bluff, and we are very excited and honoured to be chosen as a masthead charity.

Thanks to ABC Photosigns, our banger is looking smart with its new car wrap! We are searching for sponsors, so please get in touch if you would like to join us, or know of someone that does. Follow the link below to read more and download our sponsorship document.



Read more



### Webinar - Maintaining optimal bladder health

Join us for an insightful Webinar where we delve into a crucial aspect of MS care – healthy bladder management. Living with MS brings its own set of challenges and maintaining optimal bladder health is essential to enhancing your overall well-being.

Read more

# **Amplify Your Voice**

# **Together We Stand For Family Carers**

Together with over 50 other national not-for-profits, we are backing the Carers Alliance campaign, calling on a formal place in Government to help carers access respite, get financial recognition for their work and legislative recognition for wellbeing protection.

Please show your support by signing the petition, sharing your carers story and demand better services and support for family carers. We can supply you with hard copies to collect signatures manually, please email <a href="mailto:info@msnz.org.nz">info@msnz.org.nz</a>



Learn more

# **Corporate Giving this Christmas**





They have two great options for staff and client gifts:

Good Gift Cards - Where staff and or clients redeem their Good Gift Cards to donate to one or more of the charity partners. The value of any un-spent gift cards can go to charities chosen.

Online charity polls - Choose a handful of the charity partners. The Good Registry will set up a poll, providing a unique link to share, and split the donation based on votes.

To discuss these corporate giving options in more detail, please <a href="mailto:email

# **Our Fabulous Fundraisers**

### **Cycle for Multiple Sclerosis**

Nic's mother has recently been diagnosed with Primary Progressive Multiple Sclerosis. To help with future development and in support of those living with or affected by MS, Nic decided to cycle the entire length of New Zealand to "challenge myself both mentally and physically and to raise money for charity".

To support his 3,000km journey, donations can be gifted on the link below.





# Raming is support of Samuel Sciences New Zealand

### **Running the Miami Marathon**

"After recently taking up running as part of a lifestyle change, I felt compelled to put my energy into running for a greater cause. I will be running in the **Miami Marathon** to raise money and awareness of Multiple Sclerosis.

If my challenge can inspire anyone to donate even a small amount to help New Zealanders who suffer from MS, it will make the journey all the more worth it."

Thank you Georgina for raising vital funds for MSNZ and MS Waikato.

Support Georgina

# **Support Us**

# Make a difference this Christmas!

This Christmas, give charitable gift cards and support 65 charity partners across Aotearoa - including us!

Go to thegoodregistry.com, email them to friends and family then sit back and watch the kindness flow!



Read more



# **Entertainments Cyber Super Sale**

Entertainment's <u>biggest ever sale</u> is now live for you to shop!

For a strictly limited time, receive 27% off all Memberships to The Entertainment App. That's access to 12 months of savings on groceries, dining, activities and more from as little as \$51.09! Not only will you receive a super 27% discount on your new Membership purchase, but we will also receive a 20% donation from Entertainment for your purchase which directly supports our Fundraising cause.

Purchase Savings

# Looking after you

# MSIF webcast on cognitive challenges in MS

Cognitive impairment is common in MS, and people with the disease frequently report difficulties, such as following along in complex conversations, recalling information and forgetfulness. These cognitive challenges can impact the successful completion of everyday tasks. Fortunately, there are proven strategies that can help manage these challenges and research is providing insights into new solutions for people with progressive MS.

Follow the link below to watch the 30 minute recording.

PROGRESSIVE MS ALLIANCE

More than hope. Progres



### New hope for progressive MS

The first-ever adaptive clinical trial for people living with MS will seek to reverse neurological damage caused by progressive multiple sclerosis. MS Australia hopes this will lead to positive trial outcomes that are readily translatable into practice, providing new hope for improved care for people with progressive MS in Australia and beyond.

Learn more

# BrainTree celebrates one-year anniversary

In celebration of the BrainTree reaching its one year anniversary, people, including Ingrid Robertson who has multiple sclerosis, contributed to this video where they share their heartfelt stories and the hope, sense of belonging and wonderful facilities on offer at the BrainTree.



Learn more



### Do you tour?

We are in contact with a journalist of a motorhome magazine that is looking to speak with people that tour in a caravan or motorhome that has been adapted to suit your needs and abilities. If this sounds like you, please get in touch: <a href="mailto:info@msnz.org.nz">info@msnz.org.nz</a>

Get in touch

# Access criteria for Covid-19 antiviral medication

Effective 1 October 2023, Pharmac has expanded access to COVID-19 antiviral treatments for people who are vulnerable to severe illness following COVID-19 infection, including disabled people and people with one or more severe health conditions that have resulted in severe frailty or vulnerability. That means that antiviral treatments are now fully funded (free) and available for more New Zealanders.



Learn more



### **Doctors encouraged by stem cell therapy**

Doctors are cautiously hopeful about a new multiple sclerosis therapy after finding that injecting stem cells into patients' brains was safe and potentially protective against further damage from the disease.

MSNZ note this was a small trial and it's in the very early stages but this is an interesting development in stem cell research.

Learn more

# In the Spotlight

MSNZ would like to show our appreciation to the amazing support in the form of grants received from the <u>Mainland Foundation</u>. Thank you!

Thank you!



Sharing stories offers an insight into what it's like to live with multiple sclerosis. If you would like to **share** *your* **MS** story with the MS community, please get in touch:

# info@msnz.org.nz

Thank you for your continued support, it has helped us to achieve so much for those impacted by MS.



P.S. Please check our our <u>Latest News</u> section on our website for the most up to date information.



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